

# July 2010 RIDE CALENDAR

## SPORTS BASEMENT RIDES: July 24 2010

The Sports Basement has again invited us to start our FFBC club rides from their Sunnyvale store.

There are four rides listed below. Route sheets will be provided. If there is no ride leader designated by the time of the ride we will treat the ride as a show and go and designate a volunteer ride leader for that ride.

The Sports Basement Sunnyvale store will provide snacks and beverages for FFBC, plus a 20% discount shopping day.

### Wednesday evening pizza rides

We did not get a July Wednesday Evening Pizza Ride leader.

Pizza Ride leader reservation list:

August: Julie Gilson  
September: OPEN

### FFBC Ride Classification.

Ride leaders are encouraged to maintain the ride paces as outlined at <http://www.ffbc.org/html/RideClassification.html>.

### Maps to the frequently used start locations.

Maps to the start locations July be viewed from the link on the FFBC page ( [http://www.ffbc.org/html/start\\_locations.html](http://www.ffbc.org/html/start_locations.html) ).

### THANK YOU TO ALL THE JULY RIDE LEADERS!

## 1<sup>st</sup> Week in July

**Thu July 1 Thursday Morning Coffee Ride**  
**8:30 AM 25-40 miles, 2-4, M+**  
Come ride with a fun group. **Meet at Don Edward Visitor Center, Don Edwards National Wildlife Refuge, Marshlands Rd near the Visitor Center (Newark).** We cross the Dumbarton and ride to Shoreline Park, Robert's Market, or Plantation Coffee. Sometimes the climbs are optional. There are no route sheets so we regroup as necessary. We always have a coffee stop so bring money.  
**Lori Sommer; [lorimsommer@gmail.com](mailto:lorimsommer@gmail.com) (510) 794-8624 home, (510) 693-8624 cell**

**Fri July 2 The Friday Bike Club**  
**8:30 AM 35-45 miles, 3-4, M-B**  
**Meet at 580 Marketplace East Castro Valley Blvd East of I-580, on the PW Supermarket side of the shopping center (Castro Valley)** on the PW Supermarket side of the shopping center. Meet in the northeast corner of the parking lot. Bring \$\$ for a coffee stop.  
**Al Quintana; [alang44@hotmail.com](mailto:alang44@hotmail.com) (510) 760-9245**

**Sat July 3 Calaveras Clockwise**  
**8:30 AM 40 miles, 3, M-B**  
This is our traditional "1st Saturday of the Month" ride. We will meet in the **Downtown Niles Parking Lot** and ride up Niles Canyon into Sunol then on to Calaveras. Our traditional route brings us out in Milpitas and we return via a route that stays close to the hills. There will be a ride leader for the pace(s) listed below. Rain or a serious threat of rain cancels.  
**TBD; Route sheet available from [ridecoordinator@ffbc.org](mailto:ridecoordinator@ffbc.org)**

**Sat July 3 East Hills Hug**  
**8:00 AM 42 miles, 2, T-M**  
Pedal along the base of our beautiful east foothills, from Milpitas to the Evergreen area in south San Jose. We'll stop for coffee halfway through the ride, after we finish a short climb and loop around San Felipe and Yerba Buena Roads. This is a relatively flat ride with 900 feet of climbing. No drops & regroup as needed. Temps over 90 degrees cancels the ride. **Meet at Dixon Landing Park, Milpitas.** Directions: I-880 south from Fremont. Go east on Dixon Landing Rd. Turn right at Milmont and then right at Jurgens. Parking lot is on the right.  
**Cindy Maxwell [maxwell.c@sbcglobal.net](mailto:maxwell.c@sbcglobal.net) (408) 506-6860**  
**Co-Leaders: Judy Young & Victor Flores**

**Sun July 4 5th Annual 4th of July Pancake Breakfast Ride**  
**7:30 AM 15 miles, 1, T**  
**Meet in the Silliman Center parking lot, 6800 Mowry Ave, Newark at 7:30AM.** Start your day off with a short ride before enjoying a tasty breakfast of IHOP pancakes, sausage and Starbucks coffee prepared by the Alameda County Fire Station #27. Bring your family (or they can join us after the ride) and we will do a leisurely flat loop through city streets to Coyote Hills and back.  
Please bring signed Minor Release Forms for any children (including children in trailers). Please plan to accompany your child on the ride. The breakfast is \$5 per person and benefits the Muscular Dystrophy Association. We hope to see you there. Bring extra money to participate in the raffle. Bring a bike lock unless you can store your bike in your vehicle while you eat.  
**Walt Thomas; [walttennis@yahoo.com](mailto:walttennis@yahoo.com)**  
**Lori Sommer; [lorimsommer@gmail.com](mailto:lorimsommer@gmail.com) (510) 794-8624 home, (510) 693-8624 cell**

**Sun July 4 Team Hill Slug Climb for Gourmet Hotdogs**  
**9:00 AM SHARP ~25 miles, 5, M**  
Climb for hot dogs at Mark's Hot Dogs, the Big Orange! Up Old Calaveras to Calaveras to Felter to Sierra then to Mark's Hot Dogs. Each rider sets his or her own pace on the climbs. There is a regroup at Sierra and Piedmont intersection and the group will ride to Mark's Hotdogs at an M pace, 14-16 mph with the slowest rider setting the pace. **Meet at the Great Mall of Milpitas in the mall parking lot across from the Great Mall/Main VTA station at Great Mall Pkwy and McCandless Dr (Milpitas).**  
**Jon Graff; [jon.graff@yahoo.com](mailto:jon.graff@yahoo.com) (408) 262-9577**

## 2<sup>nd</sup> Week in July

**Mon July 5 Monday Morning Recovery Ride**  
**8:30 AM 40 miles, 1-2, M**  
Let's meet at the **Cabrillo Park Cafe 4673 Thornton Ave, between I-880 and Dusterberry (former location of the Bicycle Garage)** at 8:30 for an 8:45 start to an easy-going ride down Paseo Padre to South Grimmer. Then it's a flat ride down past Club Sport to the end of Fremont Blvd. We'll turn around and have a coffee break at a local coffee shop and make our way over to Coyote Hills for a trip back on the trail, ending our ride well before 12:30 (on rare occasions we July head directly home after coffee, shortening the ride to about 30 miles and getting back close to 11:30). Elevation gain is 465 feet. Rain or threat of rain cancels. If rain threatens, call me between 7:30 and 8:00 on the day of the ride.  
**Mike Northrup; [gmnorthrup@hotmail.com](mailto:gmnorthrup@hotmail.com) (510) 796-8832**

**Tue July 6 Show and Go**  
**9:00 AM 20-50 miles, 1-5, L-M-B**  
**Meet at the Bicycle Garage 5006 Mowry Ave at Blacow Rd.**

**Wed July 7** **Mid-week morning ride**  
**8:30 AM** **35-45 miles, 2-3, M-B**  
**Meet at Raley's shopping center parking lot east side, close to Tutti Frutti, Jarvis Ave & Newark Blvd (Newark),** for a ride across the Dumbarton Bridge to a destination on the Peninsula. This will be a fun ride en route to a coffee/snack stop, so bring \$\$.

**Al Quintana; [alanq44@hotmail.com](mailto:alanq44@hotmail.com) (510) 760-9245**

**Thu July 8** **Thursday Morning Coffee Ride**  
**8:30 AM** **32 miles, 2, M**  
Come join us for a trip to Alum Rock Park. **Meet at the REI Fremont side parking lot of REI on Ice House Terrace near Auto Mall Parkway & Fremont Blvd.** No route sheets. We will regroup as necessary and stop for coffee/quick lunch so bring money.

**Lori Sommer; [lorimsommer@gmail.com](mailto:lorimsommer@gmail.com) (510) 794-8624 home, (510) 693-8624 cell**

**Fri July 9** **The Friday Bike Club**  
**8:30 AM** **35-45 miles, 3-4, M-B**  
**Meet at 580 Marketplace East Castro Valley Blvd East of I-580, on the PW Supermarket side of the shopping center (Castro Valley)** on the PW Supermarket side of the shopping center. Meet in the northeast corner of the parking lot. Bring \$\$ for a coffee stop.

**Al Quintana; [alanq44@hotmail.com](mailto:alanq44@hotmail.com) (510) 760-9245**

**Sat July 10** **Baylands Park (with the Back Seat Driver)**  
**8:00 AM** **30 miles, 1-2, T with a bit of M**  
Join us for a ride to Baylands Park in Sunnyvale. Bring \$\$ for a coffee stop along the way. No one will be left behind. Temps over 90 degrees cancels ride. **Meet at Dixon Landing Park, Milpitas.** Directions: I-880 south from Fremont. Go east on Dixon Landing Rd. Turn right at Milmont and then right at Jurgens. Parking lot is on the right.

**Shelley and Jorge Gildelatorre; [swills22@yahoo.com](mailto:swills22@yahoo.com) (510) 501-2241**

**Sat July 10** **Mtn. Charlie**  
**8:30 AM** **55 miles, 4, B**  
For those of you not doing the Death Ride, join me for a trip down to Santa Cruz. As much as I dislike remote starts, this one is worth it. The starting point will be **Lexington Reservoir. Take Hwy. 17 Southbound to Bear Creek Road and then double back over Hwy. 17, re-enter Hwy 17 Northbound and take the next exit at Lexington Dam. We will meet at the first parking lot on the right (the one with the boat launch).** For route details: <http://bikeroutetoaster.com/Course.aspx?course=148183>  
**David Walker; [dbwalker0min@gmail.com](mailto:dbwalker0min@gmail.com) (510)-468-4454**

**Sat July 10** **Show and Go**  
**8:30 AM** **20-50 miles, 1-4, L-T-M**  
**Meet at the Raley's Shopping Center parking lot east side, close to Tutti Frutti, Jarvis Ave & Newark Blvd (Newark).**

**Sun July 11** **FFBC "Get-To-Know-Us-Ride"**  
**9:00 AM** **20-25 miles, 1-2, L-T-M**  
Please join us on this monthly "Get-To-Know-Us-Ride". This casual, social ride is always fun and offers everyone the chance to meet other cyclists. Bring your cycling friends along and help us introduce newcomers and guests to the club. **Meet at the Raley's Shopping Center parking lot east side, close to Tutti Frutti, Jarvis Ave & Newark Blvd (Newark),** for a ride through the Fremont area. Don't forget \$\$ for a coffee/snack stop. If you have a club jersey or jacket, this is a great time to wear it.  
**TBD; Route sheet available from [ridecoordinator@ffbc.org](mailto:ridecoordinator@ffbc.org)**

**Sun July 11** **Team Hill Slug Mt. Hamilton Challenge**  
**9:00 AM SHARP** **50 mi, 5, M**  
From Milpitas we will bike to the Lick Observatory. Please bring fruit, snacks, food for lunch & plenty to drink, warm clothes for the top and the descent, and a dry \$1 bill if you want to buy a drink at the observatory. If you'd like to go inside the Observatory cleats are not permitted, so you'll have to go barefoot or have alternate footwear. **Meet at the Great Mall of Milpitas in the mall parking lot across from the Great Mall/Main VTA station at Great Mall Pkwy and McCandless Dr (Milpitas).**  
**Jon Graff; [jon.graff@yahoo.com](mailto:jon.graff@yahoo.com) (408) 262-9577**

**Sun July 11** **Dale and Ken's Excellent Adventures**  
**9:00 AM** **Gazos Loop**  
**46 mi, 4, M**

**Start: Gazos Grill. 5720 Cabrillo Hwy, Pescadero (2.3 miles south of Pigeon Point Lighthouse on Hwy 1)**  
Come ride in the cool hills near the coast. Ride Gazos Creek, Stage, Pescadero, and Route 1. This ride has about 2500 ft. of climbing spread out over several moderate and picturesque hills. The climbing is roughly equivalent to a Calaveras loop. There are no steep climbs.

All "M" riders will enjoy this ride. No one left behind. Details can be seen at: <http://lasthill.net/Maps/GazosLoop.html>

There will be a coffee stop about 90 minutes into the ride at the San Gregorio store. Coffee and cold drinks are available but not much food. You might want to bring snacks. After the ride, those that wish to, can join us for lunch at the Gazos Grill.

Please allow 1 1/2 hours travel time from Fremont. We have found the best route to be: Dumbarton Bridge, Bayfront Xpwy, Marsh Rd, 101 north to Hwy 84(Woodside Rd) west. Cross over Skyline and continue to Hwy 1. Turn left and head south to Gazos Grill. Please park in the large empty lot to the left of the gas station.

Those who wish to carpool can meet at Raley's parking lot in Newark at 7:30am.

**Ken Goldman; [ken.goldman@comcast.net](mailto:ken.goldman@comcast.net) 510 791-1095 (H)**  
**Dale Blanchard; [dale-b@comcast.net](mailto:dale-b@comcast.net) 510-703-7474 (C)**

### 3<sup>rd</sup> Week in July

**Mon July 12** **Monday Morning Recovery Ride**  
**8:30 AM** **40 miles, 1-2, M**  
Let's meet at the **Cabrillo Park Cafe 4673 Thornton Ave, between I-880 and Dusterberry (former location of the Bicycle Garage)** at 8:30 for an 8:45 start to an easy-going ride down Paseo Padre to South Grimmer. Then it's a flat ride down past Club Sport to the end of Fremont Blvd. We'll turn around and have a coffee break at a local coffee shop and make our way over to Coyote Hills for a trip back on the trail, ending our ride well before 12:30 (on rare occasions we July head directly home after coffee, shortening the ride to about 30 miles and getting back close to 11:30). Elevation gain is 465 feet. Rain or threat of rain cancels. If rain threatens, call me between 7:30 and 8:00 on the day of the ride.  
**Mike Northrup; [gmnorthrup@hotmail.com](mailto:gmnorthrup@hotmail.com) (510) 796-8832**

**Tue July 13** **Show and Go**  
**9:00 AM** **20-50 miles, 1-5, L-M-B**  
**Meet at the Bicycle Garage 5006 Mowry Ave at Blacow Rd.**

**Wed July 14** **Mid-week Morning Ride**  
**8:30 AM** **35-45 miles, 2-3, M-B**  
**Meet at DOWNTOWN Niles parking lot across from H St on Niles Blvd.** We will do a loop around Fremont-Newark en route to a coffee/snack stop, so bring \$\$.  
**Al Quintana; [alanq44@hotmail.com](mailto:alanq44@hotmail.com) (510) 760-9245**

**Thu July 15** **Thursday Morning Coffee Ride**  
**8:30 AM** **25-40 miles, 2-4, M+**  
Come ride with a fun group. **Meet at Don Edward Visitor Center, Don Edwards National Wildlife Refuge, Marshlands Rd near the Visitor Center (Newark).** We cross the Dumbarton and ride to Shoreline Park, Robert's Market, or Plantation Coffee. Sometimes the climbs are optional. There are no route sheets so we regroup as necessary. We always have a coffee stop so bring money.  
**Lori Sommer; [lorimsommer@gmail.com](mailto:lorimsommer@gmail.com) (510) 794-8624 home, (510) 693-8624 cell**

**Fri July 16** **The Friday Bike Club**  
**8:30 AM** **35-45 miles, 3-4, M-B**  
**Meet at 580 Marketplace East Castro Valley Blvd East of I-580, on the PW Supermarket side of the shopping center (Castro Valley)** on the PW Supermarket side of the shopping center. Meet in the northeast corner of the parking lot. Bring \$\$ for a coffee stop.  
**Al Quintana; [alanq44@hotmail.com](mailto:alanq44@hotmail.com) (510) 760-9245**

**Sat July 17** **Show and Go**  
**8:30 AM** **20-50 miles, 1-4, L-T-M-B**  
**Meet at DOWNTOWN Niles parking lot across from H St on Niles Blvd.**

**Sun July 18** **Show and Go**  
**8:30 AM** **20-50 miles, 1-4, L-T-M-B**  
**Meet at the Raley's Shopping Center parking lot east side, close to Tutti Frutti, Jarvis Ave & Newark Blvd (Newark).**

**Sun July 18** **Tour de Dumbarton Bridge (Clockwise)**  
**9:00 AM SHARP** **50-60 miles, 2, M**  
Bike through 10 cities! We see Alviso and the Sunnyvale Baylands and the western cities before climbing the Dumbarton Bridge. We'll buy lunch in Menlo Park at about 25 miles. There is a snack break at Don Edwards, so bring food. This a "group" ride. Each rider is expected to maintain 14-16 mph pace on the level. The slowest rider sets the pace for the group. **Meet at the Great Mall of Milpitas in the mall parking lot across from the Great Mall/Main VTA station at Great Mall Pkwy and McCandless Dr (Milpitas).**  
**Jon Graff; [jon.graff@yahoo.com](mailto:jon.graff@yahoo.com) (408) 262-9577**

## 4<sup>th</sup> Week in July

**Mon July 19** **Monday Morning Recovery Ride**  
**8:30 AM** **40 miles, 1-2, M**  
Let's meet at the **Cabrillo Park Cafe 4673 Thornton Ave, between I-880 and Dusterberry (former location of the Bicycle Garage)** at 8:30 for an 8:45 start to an easy-going ride down Paseo Padre to South Grimmer. Then it's a flat ride down past Club Sport to the end of Fremont Blvd. We'll turn around and have a coffee break at a local coffee shop and make our way over to Coyote Hills for a trip back on the trail, ending our ride well before 12:30 (on rare occasions we July head directly home after coffee, shortening the ride to about 30 miles and getting back close to 11:30). Elevation gain is 465 feet. Rain or threat of rain cancels. If rain threatens, call me between 7:30 and 8:00 on the day of the ride.  
**Mike Northrup; [gmnorthrup@hotmail.com](mailto:gmnorthrup@hotmail.com) (510) 796-8832**

**Tue July 20** **Show and Go**  
**9:00 AM** **20-50 miles, 1-5, L-M-B**  
**Meet at the Bicycle Garage 5006 Mowry Ave at Blacow Rd.**

**Wed July 21** **Mid-week Morning Ride**  
**8:30 AM** **35-45 miles, 2-3, M-B**  
**Meet at Raley's shopping center parking lot east side, close to Tutti Frutti, Jarvis Ave & Newark Blvd (Newark),** for a ride across the Dumbarton Bridge to a destination on the Peninsula. This will be a fun ride en route to a coffee/snack stop, so bring \$\$.  
**Al Quintana; [alanq44@hotmail.com](mailto:alanq44@hotmail.com) (510) 760-9245**

**Thu July 22** **Thursday Morning Coffee Ride**  
**8:30 AM** **25-40 miles, 2-4, M+**  
**We meet at the Sunol Train Station, Foothill Rd & Kilkare Rd (Sunol).** Maybe it will be the False Summit and Kilkare with lunch at the Jazz Cafe'. Pleasanton? Livermore? Maybe we will get adventurous. No route sheets. We will regroup as necessary.  
**Lori Sommer; [lorimsommer@gmail.com](mailto:lorimsommer@gmail.com) (510) 794-8624 home, (510) 693-8624 cell**

**Fri July 23** **The Friday Bike Club**  
**8:30 AM** **35-45 miles, 3-4, M-B**  
**Meet at 580 Marketplace East Castro Valley Blvd East of I-580, on the PW Supermarket side of the shopping center (Castro Valley)** on the PW Supermarket side of the shopping center. Meet in the northeast corner of the parking lot. Bring \$\$ for a coffee stop.  
**Al Quintana; [alanq44@hotmail.com](mailto:alanq44@hotmail.com) (510) 760-9245**

**Sat July 24** **Sports Basement, Multiple Rides**  
**8:30 AM**  
The following four rides start at the **Sports Basement, 1177 Kern Ave., Sunnyvale (408-732-0300).** See introduction at top for more information. Directions from Fremont area: 880 South, exit 237 West toward Mountain View, exit Lawrence Expwy., and take Lawrence Expwy. to Kern (a little past 101), turn right on Kern and the Sports Basement is on your immediate right. Meet in the parking lot.  
**1 - Sports Basement - Montebello** **35 miles, hilly**  
**Montebello Rd - ~5.3 miles 2000ft - 6.7% avg grade**  
**2 - Sports Basement - North Loop** **40 miles, hilly, ~2000ft**  
**3 - Sports Basement - Out & Back** **21 miles, not too hilly**  
**4 - Sports Basement - Short Loop** **25 miles, not too hilly**

**Route sheets and sign-up sheets will be provided;** send email to [ridecoordinator@ffbc.org](mailto:ridecoordinator@ffbc.org) to request the route and sign-up sheets. If there is no ride leader designated by the time of the ride we will treat the ride as a show and go and designate a volunteer ride leader for that ride.

**Sat July 24** **Family Ride - Coyote Hills**  
**9:30 AM** **8-10 miles, 1, T**  
**Meet at the gravel lot just outside the entrance to Coyote Hills (on Patterson Ranch Road).** We'll ride into the park and do a clockwise loop of the Bay Trail. If the kids are up for it we'll cut onto the Alameda Creek Trail and ride all the way to the end. The pace will be suitable for children of all ages. We'll probably stop a few times for a quick drink or some Clif Bar. As usual, no child left behind!  
**Vanessa McDonnell; [vanessa@mcnmc.com](mailto:vanessa@mcnmc.com) (510) 441-7607 home, (510) 517-1466 cell**  
**Mark Davis; (510) 573-0184; [mark@markandshirley.com](mailto:mark@markandshirley.com)**

**Sun July 25** **Tour de Stooges**  
**7:00 AM** **100 miles, 3, M**  
**Meet at Raley's shopping center parking lot east side, close to Tutti Frutti, Jarvis Ave & Newark Blvd (Newark).** Please join Stephen and Dave for a 100 mile jaunt around the south bay and peninsula. We'll be heading south to Alum Rock. Then, out to Foothill and Alpine. From there we'll head up Canada before returning across the Dumbarton. This won't be a race. There will be a few stops for food, so bring \$\$\$\$. I know you're thinking, "7:00?" But hey, we're doing 100 miles and we to get back before dinner.  
Who would lead a ride like this...a couple of Stooges.  
**Dave Epps; [depps55@gmail.com](mailto:depps55@gmail.com) (510) 487-5288 - home, (510) 452-2615 - cell**  
**Stephen Politzer; [thetechdog@gmail.com](mailto:thetechdog@gmail.com); (510)638-3709 - home, (510) 761-5564 - cell**

**Sun July 25** **Show and Go**  
**8:30 AM** **20-50 miles, 1-4, L-T-M**  
**Meet at the Raley's Shopping Center parking lot east side, close to Tutti Frutti, Jarvis Ave & Newark Blvd (Newark).**

## 5<sup>th</sup> Week in July

**Mon July 26** **Monday Morning Recovery Ride**  
**8:30 AM** **40 miles, 1-2, M**  
**Let's meet at the Cabrillo Park Cafe 4673 Thornton Ave, between I-880 and Dusterberry (former location of the Bicycle Garage) at 8:30 for an 8:45 start to an easy-going ride down Paseo Padre to South Grimmer. Then it's a flat ride down past Club Sport to the end of Fremont Blvd. We'll turn around and have a coffee break at a local coffee shop and make our way over to Coyote Hills for a trip back on the trail, ending our ride well before 12:30 (on rare occasions we July head directly home after coffee, shortening the ride to about 30 miles and getting back close to 11:30). Elevation gain is 465 feet. Rain or threat of rain cancels. If rain threatens, call me between 7:30 and 8:00 on the day of the ride.**  
**Mike Northrup; [gmnorthrup@hotmail.com](mailto:gmnorthrup@hotmail.com) (510) 796-8832**

**Tue July 27** **Show and Go**  
**9:00 AM** **20-50 miles, 1-5, L-M-B**  
**Meet at the Bicycle Garage 5006 Mowry Ave at Blacow Rd.**

**Wed July 28** **Mid-week Morning Ride**  
**8:30 AM** **35-45 miles, 2-3, M-B**  
**Meet at DOWNTOWN Niles parking lot across from H St on Niles Blvd. We will do a loop around Fremont-Newark en route to a coffee/snack stop, so bring \$\$.**  
**Al Quintana; [alang44@hotmail.com](mailto:alang44@hotmail.com) (510) 760-9245**

**Thu July 29** **Thursday Morning Coffee Ride**  
**8:30 AM** **25-40 miles, 2-4, M+**  
**Come ride with a fun group. Meet at Don Edward Visitor Center, Don Edwards National Wildlife Refuge, Marshlands Rd near the Visitor Center (Newark).** We cross the Dumbarton and ride to Shoreline Park, Robert's Market, or Plantation Coffee. Sometimes the climbs are optional. There are no route sheets so we regroup as necessary. We always have a coffee stop so bring money.  
**Lori Sommer; [lorimsommer@gmail.com](mailto:lorimsommer@gmail.com) (510) 794-8624 home, (510) 693-8624 cell**

**Fri July 30** **The Friday Bike Club**  
**8:30 AM** **35-45 miles, 3-4, M-B**  
**Meet at 580 Marketplace East Castro Valley Blvd East of I-580, on the PW Supermarket side of the shopping center (Castro Valley) on the PW Supermarket side of the shopping center. Meet in the northeast corner of the parking lot. Bring \$\$ for a coffee stop.**  
**Al Quintana; [alang44@hotmail.com](mailto:alang44@hotmail.com) (510) 760-9245**

**Sat July 31** **A Different Path to Alum Rock**  
**8:00 AM** **26 miles, 900 feet, 2, T-M**  
**We'll take a different route to Alum Rock Park beginning in Milpitas. After exiting the park via Inspiration Point we'll stop for coffee at the venerable Coffee Cup on McKee Rd. No drops and regroup as needed. Rain or temps above 90 cancels. Meet at Dixon Landing Park, Milpitas. Directions: I-880 south from Fremont. Go east on Dixon Landing Rd. Turn right at Milmont and then right at Jurgens. Parking lot is on the right.**  
**Cindy Maxwell (408) 506-6860; [maxwell.c@sbcglobal.net](mailto:maxwell.c@sbcglobal.net)**  
**Co-Leader: Shelley Wills-Gildelatorre**