

**Cinderella Classic Training Ride #6
Over the Bridge - 36 Miles, 720 feet
Start: Bicycle Garage, Fremont**

Legend: L = left, R = right, X = cross, >> = becomes, U = u-turn

AT MI	GO	STREET/LANDMARK
0.0	R	Blacow
0.2	R	Royal Palm
0.3	R	Flamingo
0.4	R	Farwell
0.6	X	Mowry
0.8	L	Selma Dr.
	>>	Granville.
	L	Farwell
1.7	L	Central
2.3	L	Central (veer left at light to stay on Central)
3.2	R	Sycamore Ave.
3.8	L	Thornton Ave.
5.3	L	Marshlands Rd.
	RG	Don Edwards Wildlife Refuge (bathroom)
8.4	>>	Dumbarton Bridge
10.2	RG	Benches... or Parking lot @Facebook path
11.1	R	light)
11.4	R	Bike path behind Facebook
		Bayfront Expressway bike path (Caution! Poles at entrance/exit))
13.6	R	Bayfront Park (Rest Rooms inside Park)
14.1	U	at rest rooms and return to Expressway
14.4	X	Bayfront Expressway onto Marsh
14.6	X	101 on overpass USE CAUTION
	X	RR Tracks
15.3	R	15th
15.3	R	18th
15.4	R	Bay Rd.
15.5	X	Marsh Rd.
16.6	X	Ringwood Ave.
16.9	R	Berkeley Ave. (2nd Ped-Xing sign)
17.4	L	Coleman Ave. @ T
17.6	R	Santa Monica Ave.
17.7	L	Gilbert Ave. @ stop sign
17.8	X	Willow Road
17.9	R	Marmona Dr.
18.0	L	Concord Dr. (first L)
18.4	L	Woodland Ave.

Fremont Emergency (510)793-3434
Newark Emergency (510)793-3737
East Palo Alto Emergency (650)321-1112
Menlo Park Emergency (650)321-2231
Palo Alto Emergency (650)470-1258

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AT MI	GO	STREET/LANDMARK
18.8	R	at Y w/ Menalto to stay on Woodland
19.5	R	University Ave.
20.0	R	Marlowe St. (after Maple St.)
20.1	>>	Palo Alto Ave.
20.3	X	Chaucer St.
20.4	X	Hale St.
20.5	R	to stay on Palo Alto @ Lytton & Seneca
20.7	R	to stay on Palo Alto @ Guinda St
20.7	X	Everett Ave.
20.9	X	Fulton St.
21.0	R	Middlefield Rd.
	X	Willow Rd.
21.8	R	Ringwood Ave. (@ HS)
23.0	X	Van Buren onto Bike Bridge over 101
23.1	X	Pierce Rd
23.1	>>	Market Place
23.1	>>	Market Pl. (enter traffic circle)
23.1	>>	Market Place (exit traffic circle)
23.2	R	Hamilton Ave.
24.1	L	Shopping center
	RG	Starbucks- Coffee Break
24.1	L	Hamilton Ave.
24.2	L	Willow Rd.
24.4	R	Bike Path
25.5	X	University (>> Path to Cross Dumbarton)
28.2	L	Marshlands Rd.
31.4	R	Thornton Ave.
32.1	R	Willow
32.8	L	Central
35.2	R	Farwell
35.3	R	Granville Dr.
36.0	>>	Selma Ave.
36.1	R	Farwell Dr.
36.2	L	Brophy Dr.
36.5	R	Blacow Rd.
36.7	R	Bicycle Garage

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